

Cleveland Local Medical Committee

Time Out sessions

Middlesbrough & Redcar			
PLT TYPE	DAY	DATE	
Practice	Thursday	03/04/2025	
Conference	Thursday	22/05/2025	
Virtual	Tuesday	08/07/2025	
Conference	Wednesday	24/09/2025	
Practice	Tuesday	04/11/2025	
Virtual	Wednesday	18/03/2026	

Hartlepool & Stockton			
PLT TYPE	DAY	DATE	
Practice	Wednesday	09/04/2025	
Conference	Tuesday	20/05/2025	
Virtual	Thursday	19/06/2025	
Practice	Thursday	18/09/2025	
Conference	Tuesday	14/10/2025	
Virtual	Wednesday	11/03/2026	

Practice:Learning within the practice, determined by the practiceConference:Face to face learning

Virtual: Learning on Teams

For more information about the agendas or to attend any of these sessions, please email: <u>nencicb-tv.primarycare1@nhs.net</u>