

Curriculum Vitae

Dr. HATIM HOSNY EL-SHERIF

MBBCH 1997 (EGYPT)

MRCGP 2008 (UK)

Diploma of Diabetes Mellitus (UK)

Diploma of Royal College of Obstetrics & Gynaecology (UK)

Diploma of Respiratory Medicine (UK)

Diploma of Palliative Medicine (UK)

Diploma Weight Management & Obesity 2021 (UK)

2024

Professional Summary:

I am a highly experienced and dedicated UK qualified GP with over 15 years of practice in the UK. Throughout my career, I have developed a strong foundation in General Practice, having worked as a GP Principal, Salaried GP, and Sessional GP. In addition to my regular clinical work, I have actively pursued locum posts to utilize my special interests in diabetes and weight management, frailty, urgent care, out of hours, and palliative medicine.

I was working in a secure environment, where I pursued Drug Rehabilitation RCGP Part 1. This qualification allows me to address drug dependence and decrease the reliance on medicines associated with drug addiction. It is my mission to improve the health outcomes of individuals facing these challenges.

One of the highlights of my career is my role at HMP Durham, where I cover 8 sessions and assess prison patients through reception, whether they are admitted from police cells or court. These patients often face complex health issues, including homelessness, withdrawal from street drugs, or chronic and acute mental illness. Collaborating closely with colleagues from various disciplines, I conduct clinics for patients with a wide range of chronic mental and physical health conditions.

During my tenure as the GP Clinical Lead at Ravenscar practice under Elm Alliance, I had the opportunity to shape disease management, Quality and Outcomes Framework (QOF), and risk management. Additionally, I provided support to my colleagues in the administration and nurse team, ensuring smooth operations and high-quality care delivery.

As the McMillan Lead for Hartlepool, I made significant contributions to cancer care. I reviewed cancer cases in various practices, implemented plans for future care, and played a key role in shaping the new McMillan Education Programme for the Primary Care Team in Hartlepool and Stockton. This program covered important topics such as symptom control, dementia, increasing palliative care registration, Deprivation of Liberty Safeguards (DOLS), mental capacity, and Dying Matters. My efforts were well-received by the primary care team, and I even presented a poster on my achievements at the McMillan Conference in 2016.

In addition to my clinical work, I am an accredited Appraiser, and since January 2015, I have conducted numerous appraisals. I find great satisfaction in supporting my colleagues by recognizing and praising their performance while also identifying areas for improvement through personalized development plans. This ensures their successful revalidation and continued professional growth.

Working as a GP out of hours in a challenging semi-urban and city centre environment has been a valuable learning experience for me. Embracing an elderly and immigrant population, as well as addressing inner-city deprivation and alcohol and drug-related issues, has required enthusiasm, self-motivation, and adaptability. I am proud to have gained valuable insights and honed my skills in this diverse setting.

As a GP Clinical Supervisor in the out-of-hours setting, I take pride in facilitating and supporting the training and examination process of junior colleagues. It is my goal to help them develop their skills and knowledge, preparing them for successful careers in general practice. Looking ahead, I am eager to explore new areas of practice, including research and involvement in clinical trials, to enhance the income of the practice and stay up to date with the latest clinical advancements.

Furthermore, I am actively involved in medical education, hosting medical students from the Medical School of Sunderland starting from Year 1. Through clinical skills training and exposure to patients during placements, I aim to nurture and develop the next generation of doctors. By promoting general practice as a rewarding career choice, we can create a strong foundation for future doctors to join our practice and contribute to the field. Also, I joined LMC Teesside since July 2024.

In summary, I bring a wealth of experience, passion for patient care, and a commitment to continuous learning and development. I believe that my diverse background and skills make me an asset to any healthcare organization. I am excited about the opportunity to contribute to your team and make a positive impact on the lives of patients.

Personal Details:

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E-Mail : hatim.el-sherif@nhs.net

Nationality : British

Sex : Male

Hepatitis B : Immune

Driving Licence : Full UK Licence

Professional Membership:

GMC Full Registration No. : 6027304

MDU Membership No. : 489082J

BMA Membership No. : 8193476

RCGP Registration No. : 60708

Qualifications:

(1) Memberships:

- Membership of the Royal College of General Practitioners, September 2008.

(2) Diplomas:

- Diploma of Weight Management & Obesity April 2021.
- Diploma of Palliative Medicine, University of Teesside, June 2009. (30 Credits)
- Diploma of Respiratory Disease Management in Primary Care, University of Huddersfield, January 2009. (20 Credits)
- Diploma of Royal College of Obstetrics and Gynaecology, London, UK, October 2006.
- Diploma of Diabetes Management in Primary Care, University of Huddersfield, April 2006. (20 Credits)
- Diploma of Faculty of Family Planning, London, UK, January 2006.
- Diploma of the Tropical Medicine, Alexandria Medical School, Egypt. September 2000.

(3) Certificates:

- Certificate of the Appraiser training in Newcastle, January 2015 + attending Appraiser updates on annual basis.
- Certificate of Child/Adult Protection and Safeguarding beside other mandatory courses are up to date on annual basis.
- Certificate of Competence in Basic Life Support, UK, updated on annual basis.
- Certificate of Out of Hours Trainer Supervision in General Practice, Northern Deanery, Newcastle upon Tyne, UK since October 2015 and recertified in January 2021.
- Certificate of Completion of Training in General Practice, Postgraduate Medical Education and Training Board, February 2008

(4) Medical Degree:

- Bachelor degree in medicine and surgery, Alexandria Medical School, Alexandria, Egypt, October 1997.

History of Employment:

1) Current Posts:

August 2024 – present	:	Locum GP – Castletown Medical Centre, Sunderland SR5 3EX 3 days per week.
May 2024 – present	:	Locum GP – Cambridge Medical Group, 10a Cambridge Rd, Middlesbrough TS5 5NN – adhoc.
December 2023 – Present	:	Locum GP – Cumbria, Manchester, Bolton, Liverpool, Warrington, Cheshire
October 2023 – Present	:	Bank Sessional GP – Out of hours Urgent Care North Durham University Hospital of North Durham, North Road, County Durham.
September 2023 – Present	:	Sessional GP – Out of hours Urgent Care Bishop Auckland Hospital, Cockton Hill Road, Bishop Auckland, County Durham.
September 2023 – Present	:	Sessional GP – Out of hours Urgent Care Darlington Memorial Hospital, Hollyhurst Road, Darlington DL3 6HX.
May 2023 – Present	:	Sessional GP – East Durham extended hours, Peterlee Health Centre, Unit 2, Bede Way, Peterlee, County Durham SR8 1AD.

2) Previous Posts:

June 2024 – July 2024	:	Locum GP – Crawcrook Medical Centre, Pattinson Dr, Crawcrook, Ryton NE40 4 US – Dr Williams – 2 days per week.
June 2024 – July 2024	:	Locum GP – Westbourne Medical Centre, 7 Trinity Mews, North Ormesby, Middlesbrough TS3 6AL- Dr Nada – 1-2 days per week.
April 2024 – May 2024	:	Sessional GP – NimbusCare Acomb Garth Community Care Centre – Community Health Centre, 2 Oak Rise, Acomb, York.

- October 2023 – November 2023:** **Salaried GP – Auckland Medical Group**, The Old Firehouse Watling Road, Bishop Auckland, County Durham.
- October 2022 – September 2023:** **Sessional GP – Spectrum CIC – Prison service in HMP Durham & HMP Franklands.**
- October 2021 – May 2023 :** **GP Clinical Lead – Ravenscar Practice - ELM Alliance**, covering Redcar, Middlesbrough, North Ormesby and Stockton.
- March 2021 – March 2023 :** **Sessional GP – Star Urgent Care Centre– ELM Alliance**, covering Redcar, Middlesbrough, North Ormesby and Stockton.
- June 2021 – September 2021 :** **Locum GP – Fellview Health Care**, Birks Rd, Cleator Moor CA25 5HP. **Beech House Surgery**, Egermont.
- November 20 – March 2021 :** **Salaried GP – The Coatham Surgery**, Coatham Health Village, Coatham Road, Redcar TS10 1SR – Covering 3.5 days per week.
- July 20 – October 20 :** **Salaried GP – Hoyland Medical Practice**, High Croft, Hoyland, Barnsley S74 9AF– Covering 3.5 days per week.
- July 19 – June 20 :** **Locum GP – Coatham Practice – Coatham Health Village** Coatham Road, Redcar TS10 1SR - covering one day per week. Dr Edward Summers & Dr Shaun Zaman.
- July 17 – November 2019 :** **Urgent Care & Out of Hours – Peterlee – Sessional GP –** covering one night per week – Dr Patrick O’Jeshi
- December 17 – November 2019:** **County Durham OOH - Peterlee & Shotley Bridge – Sessional GP –** Covering one night per week + one night every fortnight
- January 18 – June 19 :** **Locum GP – East Durham Medical Group –** covering four different sites including Wingate, Peterlee, Horden and Shinwell. Dr Simpson & Mr Joseph Chandy.
- July 17 – December 17 :** **Locum GP** in several practices covering for: **Woodbridge Practice, Ingleby Barwick & Thornaby. Gladstone Surgery, Hartlepool – Dr Ray, Dr Rasool’s Clinic, Billingham**
- June 16 – June 17 :** **Locum GP at Dilston Medical Centre**, Newcastle Upon Tyne. Dr Nicolas Botan
- July 11 – March 17 :** **Sessional GP at Northern Doctors Urgent Care Ltd**, out of hours Service, covering Hartlepool & Teesside, 4 clinical sessions per week. **Clinical Advisor: Dr. Edward Summers.**
- July 11 – March 17 :** **Sessional GP at Eston Grange NHS Health Care Centre**, Walk-in centre; (1 – 2) clinical sessions per week. **Clinical Lead: Dr. Shazad Anjum.**
- December 15 – April 16 :** **Locum GP, South Hylton Surgery**, 2 Union Street, South Hylton, Sunderland SR4 0LS. **4 Clinical sessions with Dr Ian Widdrington & Dr Andrew Leeks.**
- November 11 – August 15 :** **Partner GP, McKenzie Group Practice**, Kendal Road, Hartlepool, Cleveland TS25 1QU. **Partner: Dr. Nick Timling -** Semi Urban, Patient List = 14500
- September 11 – October 11 :** **Locum GP at Eston Grange**, Walk in Centre, Normanby, Middlesbrough.

- November 10 – August 11** : **Salaried GP, Manor House Surgery**, Braidwood Road, Normanby, Middlesbrough. **Partner: Dr. Janet Walker** - Semi Urban, Patient List = 8200
- August 10 – October 10** : **Locum GP, Coulby Medical Practice**, Cropton Way, Coulby Newham, Middlesbrough, Cleveland. **Partner: Dr. David Bannar-Martin**-Semi Urban, Patient List = 7400
- December 09 – July 10** : **Salaried GP, Shelf Health Centre**, Shelf, Halifax, West Yorkshire. **Partner: Mrs Angela Barrow** - Semi Urban, Patient List = 3200
- February 08 – Nov 09** : **Salaried GP, Southlands Medical Group**, Ryhope, Sunderland, Tyne & Wear. **Partner: Dr. Ian Pattison** - Urban PMS.

3) Northumbria GPVTS:

- **Aug 07 – Feb 08** **GP Registrar, St. Bede Medical Centre**, Monkwearmouth, Sunderland, Tyne & Wear. **Trainer: Dr. Gerry McBride**. Urban PMS, Patient List = 7700
- **Feb 07 – Aug 07** **SHO Palliative Medicine**, St. Benedict Hospice, Sunderland Education Supervisor: **Dr. Peter Robson**
- **Aug 06 – Feb 07** **SHO Obstetrics & Gynaecology**, North Tyneside General Hospital, North shields. Education Supervisor: **Mr. Bradey**
- **Feb 06 – Aug 06** **SHO Paediatrics & Neonates**, Darlington Memorial Hospital, County Durham & Darlington NHS Trust, Darlington. Education Supervisor: **Dr. Andrew Cottrell**
- **Aug 05 – Feb 06** **GP Innovative Post in Diabetes**, St. Bede Medical Centre, Roker & Sunderland Royal Hospital, Sunderland. Education Supervisor: **Dr. Gerry McBride**
- **Feb 05 – Aug 05** **GP Registrar**, Silksworth Health Centre, Silksworth, Sunderland. Education Supervisor: **Dr. N. Joshi**

4) Other UK Posts:

- **Oct 04 – Jan 05** **SHO Obstetrics & Gynaecology**, Princess Royal Hospital, Brighton & Sussex University Hospitals NHS Trust, Haywards Heath. Education Supervisor: **Dr. McKenzie Gray**
- **Aug 04 – Oct 04** **Locum SHO Paediatrics**, Burnley General Hospital
- **Feb 04 – Aug 04** **SHO Paediatrics**, Queen Mary's Children Hospital, Epsom & St. Helier University Hospitals NHS Trust, Surrey. Education Supervisor: **Dr. Rim El-Refaey**
- **Aug 03 – Feb 04** **SHO Neonates**, Queen Mary's Children Hospital, Epsom & St. Helier University Hospitals NHS Trust, Surrey. Education Supervisor: **Dr. Prem Roy**
- **Feb 03 – Aug 03** **Clinical Fellow General Paediatrics**, Royal Victoria Infirmary, Newcastle Upon Tyne Hospitals NHS Trust, Newcastle upon Tyne. Education Supervisor: **Dr. George Rylance**

- **Sep 02 – Feb 03** **Paediatrics Clinical Attachment**, Newcastle General Hospital, Newcastle Upon Tyne Hospitals NHS Trust. Education Supervisor: **Dr. Fraser Alexander**
- **June 02 – Aug 02** **A & E Clinical Attachment**, North Tees University Hospital, North Tees and Hartlepool NHS Trust, Stockton on Tees. Education Supervisor: **Mr. Wadwahani**
- **April 02 – May 02** **Orthopaedics Clinical Attachment**, North Tees University Hospital, North Tees and Hartlepool NHS Trust, Stockton on Tees. Education Supervisor: **Mr. Maheshwaran.**

5) Egypt posts:

Alexandria University Hospital GP Rotation:

- **July 01 – March 02** **SHO Tropical Medicine**
- **Jan 01 – June 01** **SHO General Practice**
- **June 00 – Dec 00** **SHO General Paediatrics**
- **Dec 99 – May 00** **SHO Accident and Emergency**
- **March 99 – Nov 99** **SHO General Practice**
- **March 98 – Feb 99** **House Officer Medicine and Surgery**

Special Experiences outside scope of clinical work:

Committee's Memberships:

- **2020:** Member of LMC Teesside.
- **2012 – 2016:** LMC membership in Hartlepool. We are part of the British Medical Association. We meet on quarterly basis to cover Medico Legal & Practical subjects for Teesside area.
- **2009 – Up to date:** Take part of the GP Group for Northeast of England (NELG) which they are a group of newly qualified GPs working in different practices, meeting on monthly basis to discuss problematic patients, attending Consultant presentations and keeping up to date.
- **2008 – 2012:** Young GP group in Sunderland, Tyne and Wear.
- **2006 – 2007:** Juniors Representative in the Local Junior BMA Committee in North Tyneside General Hospital. Furthermore, attended several courses related to Leadership and Management.
- **2003 – 2004:** Organized Neonatal Resuscitation Workshops for health professionals during the paediatric post in Surrey.
- **1995 – 1996:** Served as Secretary of Alexandria Medical Students Union.

Skills and Experience in clinical work:

General Practice:

- I undertake regular clinical sessions, home visits, telephone consultations through doctor first, prescribing and referral management, interpreting ECG and Spirometry. I am also highly flexible if there is a need for extended hours.
- The Sessional GP & GP Registrar posts have enabled me to develop a good breadth of clinical knowledge & skills. I have also developed a proficiency in communication & team working skills necessary for clinical care in this setting. I fully recognize the importance of the consultation and employ a range of communication techniques to engage patients in order to provide holistic care.
- I am part of the primary care team, utilising skills from my previous experiences, developing new areas and contributing to the ongoing development of the practice mainly in Diabetes, Family Planning, Cancer and Palliative Medicine.
- I have really enjoyed the challenge of working as a GP out of hours in a challenging semi urban & city centre environment embracing an elderly and immigrant population in addition to the expected inner city deprivation with inherent alcohol & drug problems. I think my enthusiasm, self motivation & adaptability has facilitated this valuable learning experience.

Vocational Training Experience:

1) Paediatrics:

- I manage wide range of Paediatric and neonatal problems including child health surveillance, child health promotion and doing six weeks baby checks.

2) Obstetrics & Gynaecology:

- Developed antenatal and postnatal medical templates for looking after this group of patients and assessing maternity complications and appropriately referring patients to secondary care.

3) Diabetes:

- Improving patient care by implementing patients' pathways to achieve appropriate glycaemic control and initiate Insulin as part of local enhanced service.

4) Palliative Medicine:

- Communication in palliative care is necessary to achieve accurate assessment of patients' physical, emotional and psychological needs.
- Gained competence in the principal of drug use for common palliative care scenarios.
- Increase role of palliative care in non malignant chronic diseases.
- Working in partnership with Palliative Care Specialist and Macmillan Nurses to support patients in their terminal illness and their families during this phase and bereavement.

Information Technology:

- I am well versed in the utilization and management of the following electronic clinical management systems like: System One, ADAstra, ICS, Vision, EMIS LV, EMIS PCS and System One including clinical templates, patient information leaflets (during consultation) & in – consultation use of CKS & map of medicine for guidelines & evidence based medicine.

Clinical Governance:

- Attuned to clinical governance and risk management issues including recording personal, team significant event analysis, and root cause analysis and death cases unexpected.
- Highly motivated to promote clinical governance through training to enhance clinical competence, clinical guidelines, clinical audit and evidence based practice.

Clinical Audits:

- **2017:** Steroids & Bone therapy audit to evaluate the practice adherence to the local guidelines on fragility fracture risk assessment and management using Steroids and to be bone protection therapy.
- **2017:** Simvastatin & Amlodipine Audit to evaluate the practice adherence to the national guidelines on using Simvastatin and Amlodipine.
- **2015:** Referral rates under the two weeks rule for suspected cancers for 3 months according to NICE Guidelines for cancer cases.
- **2014:** Check the ECG for patients before initiating citalopram for patients suffering from Mental Health problems in Mckenzie group practice.
- **2013:** Osteoporosis risk and management for patients on long term steroids for COPD, Rheumatology and ulcerative colitis.
- **April 2009 :**Delayed prescribing for antibiotics for children presented with otitis media in semi urban practice
Outcome: Improve the prescribing rates for antibiotics for this group of patient and increase satisfaction rates between parents and carers.
- **April 2008:** Monitoring B Blockers in the chronic heart failure Patients in Urban Surgery.
Outcome: Improve standards for care and quality of life for this group of patients.
- **January 2007:** Chlamydia screening in women attending for termination of pregnancy in North Tyneside General Hospital.
Outcome: 1) Improve the screening programme for this group of women.
2) Reduction in the Pelvic Inflammatory Disease & long term complications
e.g. infertility, pelvic adhesion.
- **April 2006:** Prescribing Errors in the Paediatric Wards in Darlington General Hospital.
Outcome: Improved the practice in prescribing medicine for children.
- **December 2005:** Glycaemia control using Levimere in Type 2 Diabetes in Sunderland Royal Hospital.
Outcome: Developed Protocol for using Levimere in Type 2 Diabetes despite lack of NICE Guidelines.
- **April 2005:** Pneumococcal Vaccination in the elderly at Silksworth Health Centre.
Outcome: Increase coverage rate by 21% in the elderly.

Teaching:

- I have provided mentorship and training to medical students , advanced practice nurse trainees, advanced health practitioner trainees, pharmacists, foundation year 2 doctors and GP registrars through my NHS posts
- Going through training to be selected as a panel member for VTS career GP Northern Deanery 2018.

- Coaching & assessing junior colleagues who intend to pursue career in General Practice. Career in the Out of Hours Sessions with Star services.
- Helping my colleagues understanding the basis of Clinical Audit & writing Audit Report.

Presentations & Posters:

- **June 2016:** El-Sherif poster 2016 “**A GP and Primary Care Education Series on Cancer and Palliative Care**”, McMillan GP conference, Birmingham. (Poster)
- **October 2008:** El-Sherif, Guirguis, “**Chlamydia Trachomatis Screening in Women attending for termination of pregnancy in district general hospital**”, Royal College of General Practitioner Annual Conference, Bath. (Poster)
- **October 2007:** El-Sherif et. al, “**Pneumococcal Vaccination in the elderly for Semi Urban population**”, Royal College of General Practitioner Annual Conference, Edinburgh. (Poster)
- **April 2006:** El-Sherif et. al, “**Retrospective survey in Type 1 and Type 2 Diabetic patients in Sunderland Royal Hospital between Diabetic patients on Determine and Glargine Insulins**” in Diabetes UK Conference, Birmingham, UK. (Poster)
- **November 2005:** El-Sherif, Robson, “**Are you ready for a challenge?**” in the Palliative Care Journal Club in the North East, St. Benedict Hospice.

Hobbies:

Cooking:

- Finished NVQ 1 in Hartlepool College in food handling, preparing basic sauces, pasta and rice salads.
- Finished NVQ 2 in 2018 from Hartlepool College to improve my cooking skills.
- Finished NVQ 3 in 2020 from Hartlepool College and perhaps taking my passion to the next level of joining MasterChef in the near future.

Pets:

- I have got two Ragdolls and British short hair cats in addition to a fish tank which helps me to relax after work and increase the bond with my children.

Travel:

- The work of the GP brings me in contact with people of many different cultures and interest. I believe my interest in travel helps broaden my understanding and appreciate individually from all working of life.

Reading:

- I enjoy reading Literature, Politics and History. My favourite subjects are Modern history and Politics.
- Medical books like ‘It is going to hurt’, ‘Prison doctor’ and ‘Unnatural cover of death & inner physician’.