

Dr Rachel McMahon

Email - rachelmcmahon@nhs.net

Or please phone, especially if short-notice – 07867 936887

Professional Profile

I have been working as a GP in a range of practices across Teesside since 2006, giving me good knowledge of your locality. My LMC role has provided me with excellent background expertise around clinical pathways and your contractual requirements, both local and national.

I can provide telephone consulting, manage e-consultations or undertake triage, as well as offering traditional face to face surgeries, depending on the needs of your practice. I offer appointments of 15 minutes duration as standard, which allows a safer way of working, and the time to properly address the patient's concerns. I strongly advocate for individual patient empowerment and will encourage self-care whenever appropriate.

Other Professional Interests

- GP Appraiser
- LMC Secretary, leading work on collective action (2019-2025)
- National BMA roles

Patient Perspectives

"First time seeing this GP and will definitely request her for future visits. Felt assured and was very thorough and a lovely calming nature!"

"I felt trapped with 2 related but different medical problems in secondary care. I was listened to and felt understood -I have a plan for management that I can follow and that matters most to me"

"Dr listened to me and helped by suggesting other people who would be able to direct me to the right person to help"

[Patient feedback survey, June 2023]

Colleague Perspectives

“Dr McMahon is very efficient in practice, she is popular with both staff and patients. She will advise staff very clearly and thoroughly on what she is wanting to be passed onto patients, she will also speak to her patients herself to triage and navigate. This takes pressure off reception as she is actually speaking to the patient and not through reception. Her navigation responses are thorough, detailed and very easy to read. Sometimes this can be lost when reception staff are not clinicians. She is very jolly and bubbly which is an asset to a high pressure, sometimes stressful, job. She has been great while she has been locum with our Practice.”

“Always a pleasure to have in our practice; excellent feedback from patients.”

“Dr McMahon worked very well as part of our team at our Surgery as a locum GP. Her record keeping is excellent, and she provided excellent care to our patients.”

“Dr McMahon is a locum GP for us, we use her time and time again.”

[Colleague Feedback, May 2024]

Employment History

Apr 15 – Present	Locum GP
Feb 11 – Mar 15	GP Partner, Coulby Medical Practice, Middlesbrough A 6-partner practice with 7,500 patients in an affluent suburb.
Nov 09 – Jan 11	Locum GP
July 09 – Nov 09	Salaried GP, Skelton Medical Centre, Skelton A new start-up APMS practice in East Cleveland.
Feb 06 – July 09	GP Partner, Eston Surgery, Eston, Middlesbrough A 2-partner practice with 3,200 patients in a deprived area with split site working.
Aug 02 – Feb 06	GP Vocational Training, based in Northallerton Including 18 months whole time equivalent GP placements based in Ripon, Bedale and Newton Aycliffe, and hospital placements in paediatrics, A&E, ENT and Old Age Psychiatry.
Aug 01 – Aug 02	PRHO Jobs, Epsom and St Helier Hospitals, Surrey Including medicine, surgery and orthopaedics.

Professional Qualifications

- MBBS with distinction in clinical management, St George’s Hospital Medical School, London, 2001.
- MRCGP with merit, 2006.
- Diploma in Palliative Care for GPs, University of Teesside, 2011.