CLMC Bulletin 516 - 230822

Trust Registration Requirements

On 10 January 2020, the Fifth Money Laundering Directive (5MLD) was transposed into UK law. One objective of the 5MLD was to broaden the scope of trusts required to comply with and sign up to the Trust Register Service (TRS), which may apply to some GP surgeries depending on how they are structured.

Property-owning GP partners may be required to register, particularly where the names on the land registry entry do not match the names of the property-owning partners, or where there are more than five surgery owning partners. Similarly, and depending on the precise wording of your Primary Care Network (PCN) agreement, monies held by one practice on behalf of a PCN could be construed as the formation of a trust and may trigger a registration requirement.

Unless exempt, 5MLD requires the express trusts to register with the TRS. HMRC has published guidance on what may constitute an express trust here and instances where exemptions may apply here.

If you are unsure whether you need to register with the TRS, it is important that you receive independent legal advice, as a failure to register may result in financial and criminal penalties. The deadline for registration is **1 September 2022**.

Tees Valley Daisy Chain Family Support Service

The Family Support Service, jointly commissioned by NHS North East and North Cumbria Integrated Care Board Tees Valley and all five Local Authorities in Tees Valley, is delivered by Daisy Chain. The team supports young people aged 0-18 years and their families, no matter where they are on their autism, ADHD, sensory processing, or Foetal Alcohol Spectrum Disorder (FASD) journey.

This means that a young person does not need to have a diagnosis or be on the neurodevelopmental pathway to access support from the service.

• Click here to find out more about the Family Support Service and referral details.

GPDF Annual Report and Financial Statements 2021

The Annual Report and Financial Statements for the year to 31 December 2021 has been published and distributed to Members of the Company with details of the Annual General Meeting.

The Report is available on the GPDF website by following this link:

https://www.gpdf.org.uk/wp content/uploads/2022/08/GPDF-Annual-Report-and-Financial-Statements-2021.pdf.

Mental health and wellbeing - looking after you and your practice team

Primary care coaching - communications toolkit

In these pressured times it is absolutely critical you look after yourself and your teams. NHSE/I have launched their new communications toolkit, supporting promotion of the NHS England and NHS Improvement Looking After You national coaching service: https://drive.google.com/drive/folders/1aS8-sTH1W9gv49d9Tq3hhwg9jJZZ5MFs

Within the toolkit you will find social media images, banners, bulletin copy, website copy and quotes from those who have used the free services. There has been some excellent feedback from those who have accessed coaching, but we are aware there are still many colleagues who are not aware of this available support. It remains a difficult time for the workforce, so we would appreciate any help you are able to give to share these offers.

A member of their team would also be happy to come to meetings or events within regions and systems to talk about the offers: england.lookingafteryou@nhs.net

A coaching landing page hosts all three offers: www.england.nhs.uk/lookingafteryou. Recognising that frontline primary care colleagues involved in the delivery of primary care services, both clinical and non-clinical, continue to face many challenges, NHSE have developed three coaching offers for the workforce:

- 1) Looking After You Too coaching about you and your wellbeing
- 2) Looking After Your Team coaching about you and your team
- 3) Looking After Your Career coaching about you and your career

The coaches are highly skilled and experienced, and all coaching is free and confidential. The sessions are delivered virtually, preferably via a video platform, but telephone appointments are also available. Thousands of people have booked sessions and given positive feedback on their experience.

GP appraisal leads and **GP** tutors offer of telephone support conversations remain for any GP who feels they would like to talk through any aspect of their professional/personal life that has been affected by Covid. To organise a telephone support conversation, either with the appraisal lead or with a GP tutor, please contact the appraisal team, or email di.jelley@nhs.net

Crisis Coaching & Mentoring: Coaching and mentoring sessions are available now for all NHS and Health and Social Care leaders. Delivered by The Centre for Army Leadership and Meyler Campbell Coaching, these sessions are designed to support with the huge pressure on the ability of the NHS to deliver safe, high-quality care, sharpen focus on meeting the core needs of staff, ensuring wellbeing and sustained motivation to deal with this rapidly changing situation. The intervention will give leaders an understanding of crisis leadership that goes beyond what is necessary and focused on engagement and motivation through Covid19. Further information and how to register see link here

CLMC continue to offer <u>wellbeing services via Validium</u> for ALL working in general practice within Tees (including locums). We understand that a number of staff have accessed this confidential service and it has been well received.

The BMA's report on the mental health and wellbeing of the medical workforce which sets out ten recommendations to be addressed to protect staff during the pandemic and in the future. The BMA is here for you and offers supportive wellbeing services which include face-to-face counselling. You can access one-off support or, after triage, a structured course of up to six face-to-face counselling sessions. Call 0330 123 1245 today or visit the website for more information.

For all other support, speak to a BMA adviser on 0300 123 1233 or email support@bma.org.uk

Read more about doctors' wellbeing during the pandemic and on Twitter @TheBMA

There is also a wealth of ICS provided support through their North East Support Hub Telephone: 0191 223 2030 or Email: Hubstheword@cntw.nhs.uk or via online form on the website

NHSEI have recently developed a new <u>communications toolkit</u> and resources to help promote their offers to the workforce. The toolkit has an overview of each offer, including bulletin, email and social media copy, and links to some case studies and posters.