

Dr. Nizar Mohammed

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General Practitioner (GP)/Family Physician

Family Physician with a certificate of training (CCT) in General Practice in the UK, following completion of the required postgraduate medical qualification MRCGP examination in 2022. Familiar operating in solo practice, group practice, hospital-based practice and UTCs. Efficient in providing same-day appointments, prebooked appointments and phone consultations. Experienced across various clinical and medical disciplines across all ages and a wide range of medical conditions, from minor illnesses to chronic diseases and emergencies, not limited to Mental Health, Accident & Emergency (A&E), Acute Medicine, Neurology, Medicine/ID & Endocrine, Oncology, Elderly Care, Rehabilitation Medicine, Family Medicine.

Education and Credentials

MBBS in Medicine & Surgery, University of Medical Sciences & Technology (UMST), Khartoum/Sudan, 2000 – 2007

PgDip in Diabetes and Endocrinology, RILA Institute of Health Sciences (Plymouth University Academic Partnerships), expected completion in September 2025

Licences & Certifications

Sudan Medical Council, Sudan, 25556
General Medical Council (GMC), UK, 7076446
Registered GP, GPC UK

Languages

English & Arabic

Affiliations

MRCGP-UK, 2022

Professional Experience

General Practitioner (GP)

2017 – Present

Initially a GP Specialist Trainee (GPST) and progressed to GP as a UK locum interacting with patients in a primary care setting to assess, diagnose and treat healthcare issues. Operate independently and in support of clinical teams during on-call periods. Examine patients and build historical health profiles to escalate cases for blood tests, x-rays, scans and other diagnostic procedures. Enlisted the expertise of other clinical practitioners and referred cases to consultants to evaluate the physical and mental health of patients. Maximised pharmaceutical knowledge and clinical expertise to prescribe medications and administer treatments, ensuring patients understand dosage instructions. Advised patients and families on general healthcare, disease, illness and accident prevention, as a counsellor on lifecycle problem solving, involving both face-to-face and telephone consultations. Covered a UTC shift rota and remote consultations for Babylon and PushDoctors platforms.

Experience before GP training

2007-2017

Initially as intern in Sudan, rotated through several specialists, then became medical SHO in Sudan, then shifted to Family Medicine in Sudan and director in primary care department in Sudan, then started my medical career in UK in 2015 doing several medical jobs until started my GP training in 2017.

Career History

Long term Locum GP, Prospect Surgery, Middlesbrough	01/2024 - present
Long Term Locum GP, Woodside Surgery, Loftus	10/2023 - 10/2024
Locum GP, Moorland Surgery, Darlington	09/2023- 02/2024
Locum GP, Borough Road & Nunthorpe Medical Group, Middlesbrough	09/2023 – 10/2023
Locum GP, Denmark Street Surgery, Darlington	08/2023 – 08/2023
Locum GP, Moorland Surgery, Darlington	05/2023 – 08/2023
Locum GP, Pease Way Medical Practice, Newton Aycliffe	01/2023 – 05/2023
Locum GP, Byron Medical Practice, Seaham	08/2022 – 01/2023
Part-time Salaried GP, Great Ayton Health Centre, Great Ayton	07/2022 – 07/2022
GPST3-GP, Great Ayton Health Centre, Great Ayton	02/2020 – 06/2022
GPST2-Mental Health, Memory Services, The Friarage Hospital, Northallerton	08/2019 – 02/2020
GPST2-GP, Mayford House Surgery, Northallerton	02/2019 – 08/2019

GPST1-Pediatrics, The Friarage Hospital/James Cook Hospital, Northallerton/Middleborough	08/2018 – 02/2019
GPST1-A&E, Darlington Memorial Hospital	02/2018 – 07/2018
GPST1-Acute Medicine, Great Western Hospital, Swindon	12/2017 – 01/2018
GPST1-Rehab Medicine+ Elderly Care, Great Western Hospital, Swindon	08/2017 – 12/2017
Senior House Officer (SHO) CDU-Acute Medicine, The Friarage Hospital, Northallerton	04/2017 – 07/2017
SHO-Neurology, James Cook University Hospital, Middlesbrough	12/2016 – 04/2017
(SHO) Medicine/ID & Endocrine, James Cook University Hospital, Middlesbrough	09/2016 – 12/2016
(SHO) Oncology, Queen Elizabeth's Hospital, Birmingham	08/2016 – 08/2016
(SHO) Elderly Care, Queen Elizabeth's Hospital, Birmingham	02/2016 – 08/2016
(SHO) Welcome & Short Stay, Queen Elizabeth's Hospital, Birmingham	08/2015 – 02/2016
Trust Grade – Rehabilitation Medicine, Goole & District Hospital, Goole	04/2015 – 08/2015
Family Medicine Director, PHC & Local Health System Directorate, Khartoum/Sudan	03/2014 – 12/2014
Family Medicine-SHO, Hammed al Nile Health Centre, Omdurman/Sudan	01/2014 – 12/2014
Family Medicine-SHO, Hammed al Nile Health Centre, Omdurman/Sudan	01/2013 – 12/2013
Medicine-SHO, Medani Teaching Hospital, Medani/Sudan	01/2010 – 06/2012
General Practice-SHO, Al-Huda Hospital, Khartoum/Sudan	12/2008 – 12/2009
Surgery-Intern, Omdurman Military Hospital, Omdurman/Sudan	07/2008 – 10/2008
Paediatrics-Intern, Police university Hospital, Khartoum/Sudan	04/2008 – 07/2008
Obstetrics & Gynaecology-Intern, Omdurman Military Hospital, Omdurman/Sudan	01/2008 – 04/2008
Medicine-Intern, Omdurman Teaching Hospital, Omdurman/Sudan	09/2007 – 12/2007
Psychiatry-Intern, Eltigani Elmahi Psychiatric Hospital, Omdurman/Sudan	07/2007 – 09/2007

Professional Training

All Mandatory GP training Modules-available upon request.

F2F BLS

Paediatrics Immediate Life Support (PILS), James Cook University Hospital

IMPACT Course, Royal Derby Hospital

Advanced Life Support Course, Whittington Hospital NHS Trust

Adult Resuscitation Day (equivalent to ILS), Goole & District Hospital

Basic Surgical Skills Course, Maharat Medical skills Centre

ILS Course, Mirus Medical Training, Khartoum

Emergency Medicine/Mirus Medical Training Course, Khartoum

Basic Life Support Course, Saudi Heart Association/National CPR Committee

DOCTORS.NET.UK (completed several modules).

Advanced Life Support, ALS/Soba Teaching Hospital, Sudan

Basic Life Support Course, Suba Teaching Hospital, Sudan

Basic Surgical Skills Course, Royal College of Obstetricians & Gynaecologists (RCOG)

Conferences & Presentations

1. Together Towards Family Medicine, The first Family Medicine Conference in Sudan, Khartoum, Sudan, 2014
2. Sudanese Society of Gastroenterology(SSG)2nd International Conference, 2010
3. Pharmaceutical Care 'Putting the Patient First', University of Medical Sciences & Technology 6th Annual International Conference, 2010
4. Sudanese Association of Physicians 23rd Scientific Conference, 2010
5. Sudanese Orthopaedic Surgeons Association (SOSA) 1st International Conference, 2009
6. Acute Medical Care in Sudan, 22nd Sudanese Association of Physicians Scientific Conference, 2009
7. Rheumatology: From Pain to Performance, University of Medical Sciences & Technology (UMST) 6th Annual International Conference, 2009

References: Available upon request.